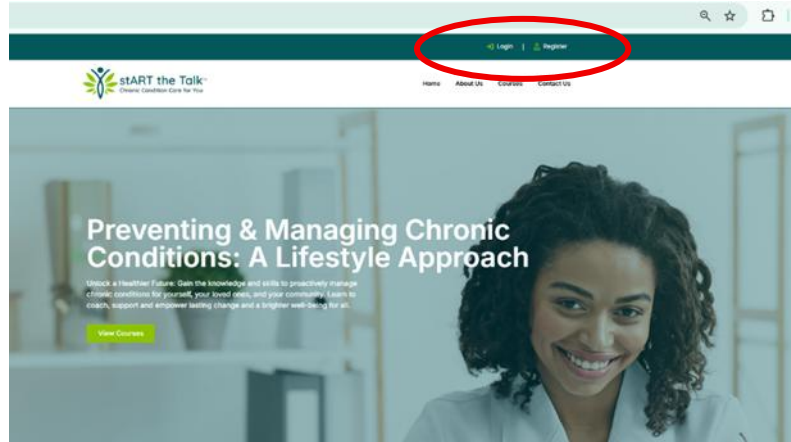


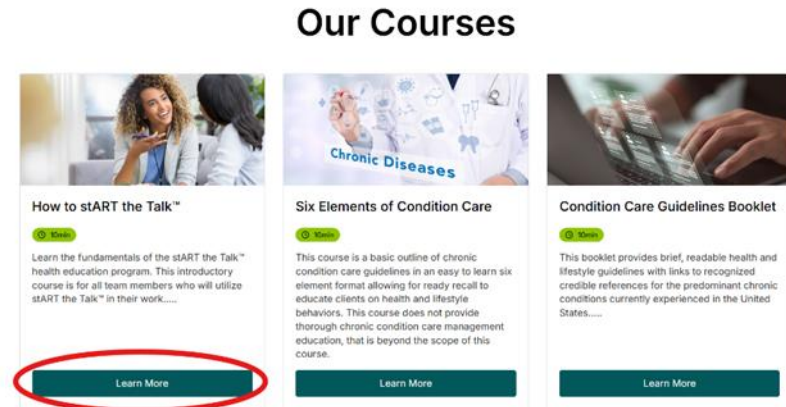
# stART the Talk™ Online Education

Educational courses supporting the **stART the Talk™** program are available. These resources assist team members in their discussions of lifestyle, prevention, and self-management guidelines with patients and their families.

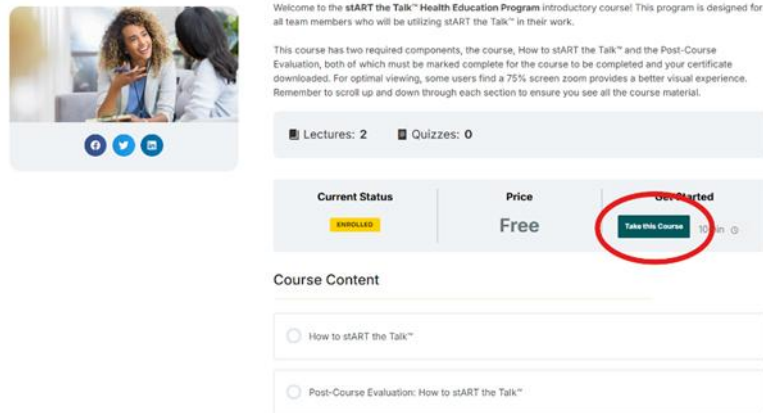
1. **Register:** Participants will need to **Register** with an email and create a password.



2. **Select Course:** Once registered, log in using the new registration/account sign-on to be directed to the **Our Courses** page. Select a course **Learn More** button



3. **Take this Course:** Select the **Take this Course** button to get started.



# stART the Talk™ Online Education

## Our Course Offerings

- **How to stART the Talk™:** This introductory course is important for all team members who will be utilizing stART the Talk™ in their work.
- **Six Elements of Condition Care:** This course provides a foundational understanding of condition care health and lifestyle guidelines for individuals to prevent and manage chronic conditions in cooperation with their healthcare provider. We've distilled essential information into an easy-to-learn, six-element format to help in ready recall and educate clients on key health and lifestyle behaviors.
- **Condition Care Guidelines Booklet:** This booklet offers brief, readable health and lifestyle guidelines with links to recognized, credible references for the predominant chronic conditions currently experienced in the United States.

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## Course Completion

Each course has two required components for completion: the **course itself** and the **Post - Course evaluation**. Once each section is finished, the "**Mark Complete**" button will turn green. Clicking this will lead you to the next step, and after completing the **Post-Course Evaluation**, clicking "**Mark Complete**" again will generate a completion certificate.



These courses and the reference booklet will be valuable foundation for the work of patient education using stART the Talk™ canvases, the mobile app, and worksheets.

All the best,

*Rebecca Falanga*

Rebecca Falanga, MBA, RN